## HFSP Long Term Fellowship

Eivind Valen - 2012 Awardee







## Application process

- Straight-forward and science-focused application!
- Change of direction I moved from purely computational to doing molecular work
- Need support letters

Bonus: It is fairly similar to the EMBO LTF

## The HFSP LTF

- Allowed me to go to a top US lab
- Coming with my own funding gave me more freedom to do what I wanted
- I rescinded the EMBO LTF in favour of the HFSP LTF
  - Higher salary (earned more than most postdocs at Harvard)
  - Family benefits
  - 3rd year was mobile

## HFSP Long term benefits

- Great networking and community
- Meetings and alumni network
- Allows you to apply for a Career Development Grant

